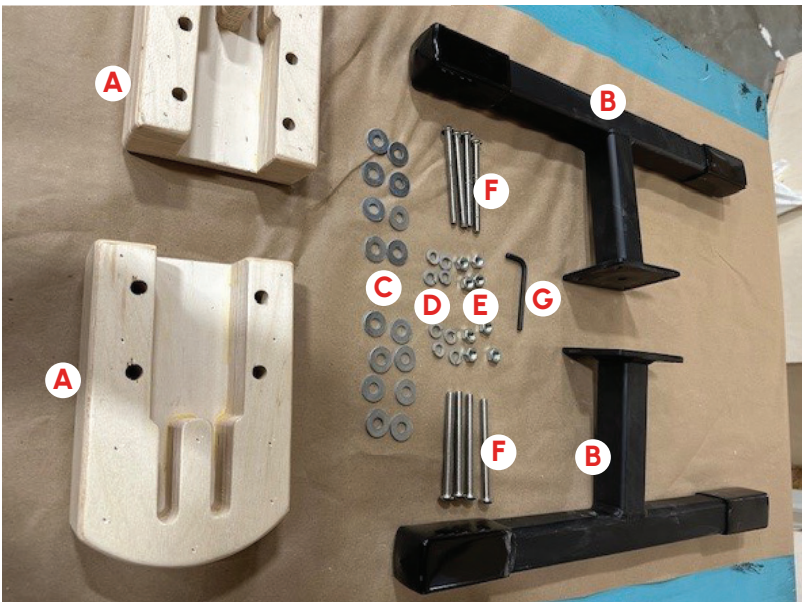


Training Bar Conversion Kit

SKU: DGS-FBKIT



Part Number	Part Description	Quantity
A	Wooden End Caps	2
B	Low Beam Leg	2
C	5/16" Flat Washer	16
D	5/16" Lock Washer	8
E	5/16" Hex Nut	8
F	5/16" x 3-1/2" Hex Bolts	8
G	3/16" Allen Wrench	1

Need help?

Call 1-800-932-3339 or
Email info@gymsupply.com

Step 1:

Place 4 **Flat Washers** and 4 **Hex Bolts** into the top of each **Wooden End Cap**. Flip them upside down to insert your bar. Attach the **Low Beam Legs** and secure using **Flat Washers**, **Lock Washers**, and **Hex Nuts**.



Step 2:

Turn the assembled training bar right side up, and tighten the **Hex Bolts** with the included **Allen Wrench**.

