

**AIRTRACK<sup>TM</sup>**

**THE OFFICIAL AIRTRACK MAT**

***USER MANUAL***

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# INTRODUCTION

## **CONTENTS**

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### **WELCOME!**

This user manual is intended for all AirTrack™ inflatable products.

Instructions may differ with other brands and other inflatable manufacturers.

Please refer to the corresponding manufacturer for brand specific instructions.

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# THANK YOU

We know that there are many mat companies you could have entrusted your training to and that you picked us. We do not take that lightly and are grateful for your trust and support.

This manual describes how to use, care, and repair your new AirTrack™ mat.

As with any extreme activity please only work within your abilities, in a safe setting, and under the guidance of trained coaches/teachers.

If you have any questions or issues please reach out to us at [sales@airtrackus.com](mailto:sales@airtrackus.com), or (408) 569-9504.



# INSTRUCTIONS AND PRESSURE

PLEASE READ



## RECOMMENDED PRESSURE

The thickness of an AirTrack™ has an effect on how the product can be used. When products are 4 inches thick the pressure in the product needs to be high enough to prevent you from hitting the floor. Our recommended pressure levels for each body weight can be found in the table below, but in the end it's up to the users' preferences and personal training choices. User assumes all risk in ensuring proper pressure for their mat.

Body Weight	4 inches	8 inches	13 inches
40 to 90 lbs	70 - 80 mbar	40 - 50 mbar	30 - 40 mbar
90 to 125 lbs	70 - 100 mbar	40 - 60 mbar	40 - 60 mbar
125 to 200 lbs	100 - 140 mbar	60 - 70 mbar	60 - 70 mbar
200+ lbs	Not recommended	Not recommended	Not recommended

# SAFETY RECOMMENDATIONS

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These instructions apply to all inflatable products from AirTrack™ that can be used at home as well as in a gym. These products will be referred to as 'AirTrack™' or the 'equipment'.

**Important:** This product is not a toy. It is professional training equipment for gymnastics, cheer-leading, tumbling, school sports, showgroups, martial arts, parkour, freerunning and tricking.

## PERSONAL

- Consult an instructor prior to use.
- This equipment is not suitable for children under 5 years.
- Do not allow more than one person at a time to use the AirTrack™.
- Do not wear shoes while on an AirTrack™, as they may damage the surface.
- Do not jump or land closer than 8 inches to a valve.
- Use equipment only under the supervision of trained and qualified instructors.
- Follow a progressive learning pattern. Assure basic skills are achieved before attempting more advanced skills.

## POSITIONING AND SET-UP

- Do not bring any sharp items on or close to the AirTrack™.
- Never place an AirTrack™ near overhead obstructions, such as low ceilings, trees or power lines, nor place the equipment on a slope
- The area on which the AirTrack™ is placed must be clean, dry, flat and free of obstacles and walls.
- Do not drag or throw the equipment.
- Lift by the handles and avoid scraping.

## PRESSURE

- Do not use a compressor. Use only inflation equipment supplied by AirTrack™.
- Check the air pressure of the AirTrack™ before each training session.
- Assure that the AirTrack™ has sufficient air pressure to avoid bottoming out. Recommended air pressure levels can be found in this user manual.
- Use equipment only when all hard exposed surfaces are protected with proper mats.

## OUTDOOR

- When setting up the AirTrack™ outdoors, use a ground-sheet to avoid damaging the equipment.
- Do not expose AirTrack™ to heat, including heat from prolonged exposure to the sun.
- Never leave an AirTrack™ outside unattended and keep the air pressure under the maximum values found in this guide.
- Do not use the AirTrack™ in the rain or snow. A wet or damp surface will be slippery, which can cause injuries. While inflating the equipment, electrocution may occur.
- The AirTrack™ is not a on-water flotation device. It is strongly recommended to only use the equipment as intended.

## MAINTENANCE

- Never pack, store or transport the AirTrack™ when it is moist or dirty.
- The AirTrack™ can be cleaned with water and soft soap or 70% isopropyl alcohol. Do not use industrial cleaning products.
- Do not use the AirTrack™ when it's damaged, leaking or when parts are worn or missing. Doing so may lead to serious injury.

## WARNINGS

- Be aware that AirTracks™ are not designed as landing mats.
- The AirTrack™ may move during use which could result in serious injury. Always ensure you are training in a safe surface and environment.
- Serious injury (including permanent paralysis or death) could result from any activity involving motion, rotation or height.
- All users of this equipment assume this risk of serious injury.
- AirTrack™ cannot and do not eliminate hazards.

# SET UP AND PACKING

PLEASE READ

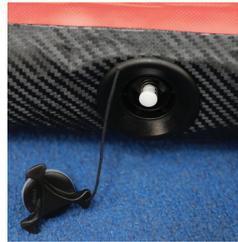
## STEP BY STEP SET-UP

Please make sure you have read the safety rules before proceeding to set-up.



### STEP 1

Attach the **GREY NOZZLE ADAPTER** to the electric blower/foot pump hose.



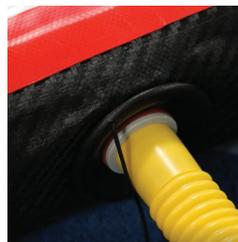
### STEP 2

Twist **VALVE COVER** and make sure the **PIN** is in the **OUT** position. If not, push pin in to click it out.



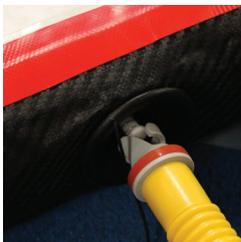
### STEP 3

**INSERT** black end to the **OUT** hole of the electric blower/foot pump.



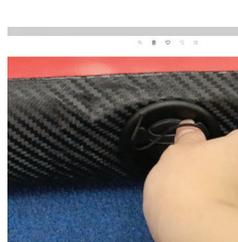
### STEP 4

Insert **GREY NOZZLE ADAPTER** to **INFLATE** until the AirTrack™ is fully inflated.



### STEP 5

Remove the hose from the **VALVE**. Make sure the **PIN** is in the **OUT** position.



### STEP 6

Twist **VALVE COVER** to close. **HAVE FUN!**

### INFLATED CORRECTLY



### INFLATED INCORRECTLY



# PACKING AND STORAGE

Time to pack up the AirTrack™ and store it. Before packing up, make sure the mat is dry and clean. There are a few things to know about rolling up an AirTrack™:

1. You can speed up the deflation by sucking out the remaining air with the blower. Simply attach the blower's tube to the suction side of the blower and connect it to the AirTrack™.
2. The AirTrack™ has to fit the bag, so keep the bag close while determining the width of the folds. Save some extra space on the sides as the roll might turn out wider than planned.
3. Open all valves to start the deflation. Start folding or rolling up the AirTrack™ to speed up the deflation. The blower can be used to deflate the object more rapidly. Simply attach the blower's tube to the deflation side of the blower (see pictures to below).
4. When most of the air is out, fold the AirTrack™ so the width matches the transport bag.
5. Roll up the AirTrack™ towards the valves so they remain unblocked for as long as possible. The tighter you roll up the object, the easier it will be to transport it.
6. **IMPORTANT:** After rolling up the AirTrack™ make sure to close all valves! This prevents the caps from damaging the valves' screw thread.



7. Scan the code below with your mobile device for a **step-by-step video** walk-through on how to set up and use your new AirTrack™, or visit our youtube channel at [youtube.com/airtrack](https://www.youtube.com/airtrack)



*If you have any questions or need assistance, please reach out to us at [sales@airtrackus.com](mailto:sales@airtrackus.com), or (408) 569-9504.*



## PROBLEM SOLVING

### HELP! MY AIRTRACK™ IS LEAKING!

Make sure all valves are closed properly.

Grey valves: The pin inside the grey valve are often left open (pin in) when the cap is closed, which means the valve will still be leaking air. Always make sure the grey valve is closed (pin out) before closing the valve.

Before closing the black valves, check if the rubber inlay is still in its correct position. The picture below show the rubber inlay in its correct (left) and incorrect (right) position.

Still leaking? Please reach out to us at [sales@airtrackus.com](mailto:sales@airtrackus.com), or (408) 569-9504.



# FREQUENTLY ASKED QUESTIONS

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## HOW LONG DOES IT TAKE TO INFLATE AN AIRPRODUCT?

Large objects: The majority of the AirTracks™ can be inflated within 4 minutes thanks to our high performance blowers. An 8 inch thick AirTrack™ takes 2½ min. to inflate using a single electric blower.

Small / home use objects: Using the foot pump, AirTrack™ can be inflated within minutes. However, you won't beat the high speed inflation of our electric blowers!

## IS THERE A CHANCE OF DAMAGING AN AIRTRACK™ BY OVER PRESSURIZING IT?

No, the extreme pressure needed to actually damage an AirTrack™ cannot be reached with the blowers we supply. Do not use any blowers or compressors not supplied by AirTrack™ or one of its distributors to inflate the equipment.

## 24 HOURS AFTER INFLATION THE AIRTRACK™ IS SOFT. IS THIS NORMAL?

AirTracks™ are not designed to maintain their pressure overnight. Differences in temperatures and weather influence the pressure inside the AirTrack™. Make sure to set the pressure to your preferences before each training. If you have any doubts or questions, feel free to contact us for a professional opinion.

## WHAT IS THE LIFESPAN OR YOUR PRODUCTS?

This will depend on how the products are used and in what frequency. A lifespan of more than 7 years is not uncommon in AirTrack™ products.

## WHAT GUARANTEES DO YOU GIVE ON YOUR PRODUCTS?

We give a 2-year manufacturer's guarantee on our products. The customer is responsible for delivery to, and pick-up from, the closest authorized dealer. Please check our terms of delivery for more detailed info.

## MY AIRTRACK™ IS LEAKING. WHAT DO I DO?

First of all, check if all valves are properly closed. If a valve is leaking, please contact us. A puncture in the surface or damage to a seam could cause your AirTrack™ to leak. For both options we have a solution that is both simple and affordable. You do not have to send the equipment back to us; we will send the repair material to you or assist you in purchasing it locally. Repairs take no longer than 10 minutes. For more serious damage-related inquiries, reach out to us at [sales@airtrackus.com](mailto:sales@airtrackus.com) and one of our trained professionals will help walk through your options.

## WHAT IS THE DIFFERENCE BETWEEN THESE AIRTRACKS™ AND THE OLD TUMBLE TRACKS?

The new AirTrack™ mats are single chamber, airtight and pressure regulated. As a result, you do not need a big, expensive blower that makes a lot of noise and disturbs your training. A small handblower is enough to inflate even the biggest AirTracks within 4 minutes.

Flatter AirTracks™ allows for better transition of skills to the floor. Faster bounce deflection mimics the standard 4 inch spring floor more closely, providing a better training experience.

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# AIRTRACK™

## THE OFFICIAL AIRTRACK MAT

7698 MIRAMAR RD SAN DIEGO  
CA 92126

(408) 569-9504  
sales@airtrackus.com  
www.AirTrackUS.com

Follow us on Social Media  
@airtrack\_official

